

INFORMATION AND INSTRUCTIONS FOR PROPER LABORATORY TEST PREPARATION

1. Check with the prescribing Physician whether the prescribed tests require special procedures for the preparation or collection of biological samples; in this respect, please refer to the "Elenco delle prestazioni di Laboratorio" (List of Laboratory Services) published in the home page of the health unit website (<http://www.asst-valcamonica.it>), under the section "A portata di click" (Just a click away), where detailed instructions for patient preparation and sample collection can be found. The Patient preparation methods are also available at all the ASST's collection centres (PPE); at these locations you can pick up for free the containers necessary for the collection of the samples.

2. General Rules

Fasting for at least 8 hours and no more than 12 hours is required; it is possible to drink only water overnight. In the three days before the collection, the diet should be balanced, and intense physical activity should be avoided. In some cases, it is necessary to follow a specific diet (as indicated in the "List of Laboratory Services" above); do not smoke in the hours before the sample collection.

PROCEDURE FOR COLLECTING REPORTS

The results of the tests cannot be communicated by telephone (privacy law) except for "critical" values for which immediate communication to the person concerned or to the Attending Physician by the Laboratory Staff is provided. The results of the tests are available online at the Electronic Health Record (EHR). Access codes can be obtained from the CUP (Centro Unico di Prenotazione – Single Booking Center)

For any problems, please contact the Laboratory Secretariat at:

- Esine Hospital

Monday to Friday, from 8 a.m. to 3.30 p.m.

Tel. 0364369342

- Edolo Hospital

Monday to Friday, from 7 a.m. to 2 p.m. Tel. 0364772559

NOTES for collection

It is essential to present the collection form.

In compliance with the Privacy Law: a written proxy and the presentation of suitable ID by the delegate person is required for the collection of the report by an individual other than the person concerned.

Esine: at the information desk: Monday to Friday from 8 a.m. to 6 p.m.; Saturday from 8 a.m. to 3.30 p.m.

Edolo: at the reception every day, holidays included, from 7 a.m. to 8 p.m.

Darfo: at the Single Booking Center of the Casa della Comunità: Monday to Friday from 7.30 a.m. to 4 p.m. and Saturday from 8 a.m. to 2 p.m.

Boario: at the Angelo Maj Nursing Home: Monday to Friday from 7 a.m. to 5 p.m.

Breno: at the Single Booking Center from Monday to Friday from 7.30 a.m. to 4 p.m.

Pisogne: at the Single Booking Center from Monday to Friday from 8 a.m. to 12.30 p.m. and from 1.30 to 3.30 p.m.

Ponte di Legno: at the Municipality from Tuesday to Saturday from 8 a.m. to 1.15 p.m.

Capo di Ponte: at the Fratelli Bona Nursing Home Wednesday and Friday from 9 to 11 a.m.

Cedegolo: at the Casa della Comunità on Monday from 9 to 11 a.m.

Ossimo: at PPE on Wednesday from 09 to 11 a.m.

For urgent tests: in Esine and Edolo, the results of the test can be collected on the same day from 4 p.m., on Saturday from 2 to 3:30 p.m.

Monitoring of oral anticoagulation therapy (INR – International Normalized Ratio):

In Esine and Edolo, the results of the tests can be collected on the same day from 3 p.m., on Saturday from 2 to 3.30 p.m.

Sending the reports to your home: (the registered letter shall be paid by the recipient): requests must be submitted with the Secretariat of the sample collection office and a form filled out with all the details necessary for sending the results.

Performance of following tests: if further tests are necessary to complete the diagnostic process, according to the Regional Guidelines, the Laboratory will proceed to perform them where possible so that the patient will not have the discomfort of going to the doctor for a new prescription and undergo an additional sample collection, thus reducing the time for diagnostic conclusions. The most frequent case is culture tests: in case of positivity, it is necessary to proceed to germ identification and antibiogram. The cost of the added services will be charged when the results of the tests are collected.

www.asst-valcamonica.it



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DEPARTMENT SERVICES

WARD ANALYSIS LABORATORY

Sistema Socio Sanitario



ASST Valcamonica

GENERAL INFORMATION

The Analysis Laboratory Service is a Complex Structure of the Services Area Department.

The simple structures that make it up are:

- Decentralised testing laboratories
- Allergology, Immunology and Molecular Biology

The Analysis Laboratory is organised in the two locations in Esine and Edolo and carries out analysis, on blood and other biological samples, of:

- clinical biochemistry
- hematology and coagulation
- microbiology, virology and parasitology
- serological diagnostics of infectious diseases
- endocrinology
- allergology and immunology
- molecular biology.

Tests that cannot be performed directly at the Analysis Laboratory are sent in service (sample collection and shipping are paid for by the Service).

The Medical Staff also performs:

- sample collection of vaginal and urethral secretions for sexually transmitted infections
- skin and skin-related sample collection for mycological investigations
- supporting visits for hemocoagulation in the Operating Units.

ACCESS TO EXTERNAL COLLECTION CENTRES

ASST Valcamonica has two Blood Collection Centres located within the hospitals of Esine and Edolo.

ESINE

Via Manzoni, 142 - 25040 Esine

Secretariat: Tel. 0364 369342

Fax: 0364 369407

E-mail: laboratorio.analisi@asst-valcamonica.it

EDOLO

Piazza Donatori di sangue, 1 - 25048 Edolo

Secretariat: Tel. 0364 772559

Fax: 0364 772531

E-mail: laboratorio.analisi@asst-valcamonica.it

ACCESS HOURS

ESINE: from Monday to Saturday
from 7 to 9.40 a.m.

EDOLO: from Monday to Saturday
from 7 to 9.30 a.m.

Access is free or by appointment by calling the number 0364-1873005

ADMISSION

Esine

Admission begins at the CUP counters and provides preferential access for certain categories:

disabled citizens and children under 10 years of age
persons who need to perform the oral glucose tolerance test
persons undergoing on oral anticoagulation therapy (OAT)
persons who only need to deliver samples of biological material (urine, stool, etc.)
persons undergoing tests for Preventive Medicine.

Admission is regulated through a queue management system giving out different coupons depending on the priority assigned to the specific categories.

access the counter number indicated on the digital display for administrative acceptance
go to the Sample Collection Room
deliver to the administrative staff the documentation, the labels issued by the CUP and pick up the test tubes
the form for collecting the test results will be returned to you
take a seat in the small room and wait for the display to signal the call for access to the sample collection room
at the end, exit following the signs.

Edolo

Admission begins at the CUP counters with a queue management system similar to that of the Esine Hospital
pick up the ticket with the progressive number from the ticket dispenser

access the counter number indicated on the display for administrative acceptance
the Sample Collection Room is located within the Outpatient Clinics

deliver the GP referral, the collection form with the relevant labels issued by the CUP to the Sample Collection Room counter and pick up the tubes

the collection form will be returned to you
take a seat in the waiting room and wait on the display for the call within the Sample Collection Room
access the Sample Collection Room
exit at the marked exit
the staff in charge manage access according to priorities.

VAGINAL SECRETION SAMPLE COLLECTION

ESINE: Monday and Tuesday from 8 to at 9 a.m.; Thursday from 8.30 to 9.30 a.m.; Wednesday and Friday admission CUP from 9 to 9.3 a.m., samples from 10 a.m.

EDOLO: Wednesdays from 8 a.m. to 9 a.m.

SAMPLES OF URETHRAL SECRETIONS AND FOR MYCOLOGICAL EXAMINATIONS

ESINE only: Wednesday and Friday at 10 a.m.

Please note that on Saturday not all tests can be performed.

To facilitate citizen access, the Health Unit has activated external collection centres also at the territorial sites of Darfo, Pisogne, Ponte di Legno, Boario Terme (at the A. Maj Nursing Home), Capo di Ponte (at the F.lli Bona Nursing Home), Cedegolo and Ossimo. Access to the external collection centres is allowed to all citizens according to the procedures described below.

Boario Terme

Location: via G.Galilei, 16 c/o Nursing Home Fondazione Residenza A. Maj. The service is provided both by reservation at the Nursing Home A. Maj and free access for all Users.

Testing days: from Monday to Friday from 7 to 9.30 a.m.

Darfo

Location: Via A. Barbolini, c/o Casa della Comunità. The service is provided both by prior reservation at the A. Maj Nursing Home and upon free access for all Users.

Testing days: Monday, Wednesday and Friday from 7.30 to 9 a.m.

Pisogne

Location: Via Antica Valeriana, Tel. 0364 540102. The service is provided both by prior reservation at the S. Maria della Neve Nursing Home and upon free access for all Users.

Testing days: Monday, Tuesday, Thursday and Friday from 7 to 9 a.m.

Ponte di Legno

Location: P.le Europa, at the Casa della Comunità. Reservation procedure: by Tuesday or by Thursday at 11 a.m. by delivering the GP request at the Municipality.

Testing days: Wednesday and Friday from 7.30 to 8.30 a.m.

Capo di Ponte

Location: Via G.Marconi, 3 Tel. 0364 42046.

The service is provided both by prior reservation at the F.lli Bona Nursing Home and upon free access for all Users.

Testing days: from Monday to Friday from 7.30 to 9 a.m.

Cedegolo

Location: Via Nazionale, 103 at the Casa della Comunità. The service is provided both by prior reservation at the F.lli Bona Nursing Home in Capo di Ponte and upon free access for all Users.

Testing days: Monday from 7.30 to 9 a.m.

Ossimo

Location: Casa della Comunità of Ossimo. The service is provided upon free access for all Users.

Testing days: Wednesday from 7 to 9 a.m.

In territorial external collection centres, samples are collected only for tests for which the proper conditions of collection, storage and transport can be guaranteed.