

INFORMATION AND INSTRUCTIONS FOR PROPER LABORATORY TEST PREPARATION

1. **Check** with the prescribing Doctor whether the prescribed tests require special procedures for the preparation or collection of biological samples; in this respect, please refer to the List of Laboratory Services published in the home page of the website (<http://www.asst-valcamonica.it>), under the section “A portata di click” (Just a click away), where detailed instructions for patient preparation and sample collection can be found. The Patient preparation methods are also available at all ASST's collection centres (PPE); at these locations you can pick up for free the containers necessary for the collection of the samples.

2. General Rules

Fasting for at least 8 hours and no more than 12 hours is required; it is possible to drink only water overnight. In the three days before the sample, the diet should be balanced, and intense physical activity should be avoided. In some cases, it is necessary to follow a specific diet (as indicated in the List of Laboratory Services above); do not smoke in the hours before the sample collection.

HOW TO COLLECT TEST RESULTS

The results of the tests cannot be communicated by telephone (privacy law) except for “critical” values for which immediate communication to the person concerned or to the Treating Doctor by the Laboratory Staff is provided. The results of the tests are available online by accessing the Electronic Health Record (EHR). Access codes can be obtained from the CUP (Centro Unico di Prenotazione – Central Booking Office).

For any problems, please contact the Laboratory Secretariat at:

- Esine Hospital

Monday to Friday, from 8 a.m. to 3.30 p.m. Tel. 0364 369342

- Edolo Hospital

Monday to Friday, from 7 a.m. to 2 p.m. Tel. 0364 772559

NOTES for collection

It is essential to present the collection form.

In compliance with the Privacy Law: a written proxy and the presentation of a valid ID by the delegate person is required for the collection of the report by an individual other than the person concerned.

Esine: at the information desk: Monday to Friday from 7.30 a.m. to 6 p.m. and Saturday from 8 a.m. to 3.30 p.m.

Edolo: at the reception: every day, holidays included, from 7 a.m. to 8 p.m.

Darfo: at CUP of Casa della Comunità: Monday to Friday from 7.30 a.m. to 4 p.m. and Saturday from 8 a.m. to 2 p.m.

Boario: at A. Maj Nursing Home: Monday to Friday from 7 a.m. to 5 p.m. **Breno:** at CUP from Monday to Friday from 7.30 a.m. to 4 p.m.

Pisogne: at CUP from Monday to Friday from 8 a.m. to 12.30 p.m. and from 1.30 to 3.30 p.m.

Ponte di Legno: at Casa di Comunità from Monday to Friday from 8.30 a.m. to 12.30 p.m.

Capo di Ponte: at Fratelli Bona Nursing Home Wednesday and Friday from 9 to 11 a.m.

Cedegolo: at Casa della Comunità Monday to Friday from 8.30 a.m. to 12.30 p.m. and from 2 to 3.30 p.m.

Ossimo: at PPE on Wednesday from 09 to 11 a.m. and at Casa della Comunità Tuesday and Thursday from 8.30 a.m. to 12.30 p.m.

Berzo Inferiore: at Casa della Comunità Monday to Friday from 8.30 a.m. to 12.30 p.m. and from 2 to 3.30 p.m.

For urgent tests: in Esine and Edolo, the results of the test can be collected on the same day from 4 p.m., on Saturday from 2 to 3:30 p.m.

Monitoring of oral anticoagulant therapy (INR – International Normalized Ratio): in Esine and Edolo, the results of the tests can be collected on the same day from 3 p.m., on Saturday from 2 to 3.30 p.m.

Performance of following tests: if further tests are necessary to complete the diagnostic process, according to the Regional Guidelines, the Laboratory will proceed to perform them where possible so that the patient will not have the discomfort of going to the doctor for a new prescription and undergo an additional sample collection, thus reducing the time for diagnostic conclusions.

SUBMISSION OF ANY COMPLAINTS

For further information, to report any service issues or to make a complaint, please contact the Public Relations Office (URP)

In person:

at the Esine Hospital, Via A. Manzoni 142

- from Monday to Friday from 9 a.m. to 12.30 p.m.;

- Wednesday from 2 to 4 p.m.

By phone: 0364 369.872

- from Monday to Friday from 9 a.m. to 12.30 p.m. and from 2 to 4 p.m.

By e-mail: urp@asst-valcamonica.it

www.asst-valcamonica.it



Regione
Lombardia

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SERVICES DEPARTMENT

ANALYSIS LABORATORY COMPLEX UNIT

Sistema Socio Sanitario



Regione
Lombardia

ASST Valcamonica

GENERAL INFORMATION

The Analysis Laboratory Service is a Complex Unit of the Services Area Department.

The simple structures that make it up are:

- Decentralised testing laboratories

- Allergology, Immunology and Molecular Biology

The Analysis Laboratory Unit is organised in the two locations in Esine and Edolo and carries out analysis, on blood and other biological samples, of:

- clinical biochemistry

- hematology and coagulation

- microbiology, virology and parasitology

- serological diagnostics of infectious diseases

- endocrinology

- allergology and immunology

- molecular biology.

Tests that cannot be performed directly at the Analysis Laboratory Unit are sent in Service (sample collection and shipping are paid for by the Service).

The Medical Staff also performs:

- sample collection of vaginal and urethral secretions for sexually transmitted infections

- skin and skin-related sample collection for mycological investigations

- supporting visits for hemocoagulation in the Operating Units.

ACCESS TO EXTERNAL COLLECTION CENTRES

ASST Valcamonica has two Blood Collection Centres located within the hospitals of Esine and Edolo.

ESINE

Via Manzoni, 142 - 25040 Esine

Secretariat: Tel. 0364 369342

Fax: 0364 369407

E-mail: laboratorio.analisi@asst-valcamonica.it

EDOLO

Piazza Donatori di sangue, 1 - 25048 Edolo

Secretariat: Tel. 0364 772559

Fax: 0364 772531

E-mail: laboratorio.analisi@asst-valcamonica.it

ACCESS HOURS

ESINE: from Monday to Saturday from 7 to 9.40 a.m.

EDOLO: from Monday to Saturday
from 7 to 9.30 a.m.

**Access is free or by appointment by calling the number
0364-1873005**

ADMISSION

Esine

Admission begins at the CUP counters and offers priority access to certain groups:

- disabled citizens and children under 10 years of age
- patients who need to perform the oral glucose tolerance test
- patients on oral anticoagulation therapy (OAT)
- patients who only need to deliver samples of biological material (urine, stool, etc.)
- patients undergoing tests for Preventive Medicine.

Admission is regulated through a queue management system giving out different coupons depending on the priority assigned to the specific categories.

- access the counter number indicated on the digital display for administrative acceptance
- go to the Sample Collection Room
- deliver to the administrative staff the documentation, the labels issued by the CUP and pick up the test tubes
- the form for collecting the test results will be returned to you
- take a seat in the small room and wait for the display to signal the call for access to the sample collection room
- at the end, exit following the signs

Edolo

Admission begins at the CUP counters with a queue management system similar to that of the Esine Hospital

- pick up the ticket with the progressive number from the ticket dispenser
- access the counter number indicated on the digital display for administrative acceptance
- the Sample Collection Room is located within the Outpatient Clinics
- deliver to the Sample Collection Room counter the GP referral, the collection form with the relevant labels issued by the CUP and pick up the test tubes
- the form for collecting the test results will be returned to you
- take a seat in the waiting room and wait on the display for the call within the Sample Collection Room
- access the Sample Collection Room
- exit at the marked exit
- the staff in charge manage access according to priorities

VAGINAL SECRETION SAMPLE COLLECTION

ESINE: Monday and Tuesday from 8 to at 9 a.m.; Thursday from 8.30 to 9.30 a.m.; Wednesday and Friday CUP admission from 9 to 9.30 a.m., samples from 10 a.m.

EDOLO: Friday from 8 a.m. to 9 a.m.

URETHRAL SECRETION SAMPLE COLLECTION AND FOR MYCOLOGICAL EXAMINATIONS

ESINE only: Wednesday and Friday at 10 a.m.

Please note that on Saturday not all tests can be performed.

To facilitate citizen access, ASST Valcamonica has activated **PPEs** (external collection centres). Access to PPEs is allowed to all citizens according to the procedures described below:

Boario Terme

Location: via G.Galilei, 16 at Fondazione Residenza A. Maj Nursing Home. The service is provided at A. Maj Nursing Home, free access for all users.

Testing days: from Monday to Friday
from 7 to 9.30 a.m.

Breno

Location: via Nissolina 2, at Casa della Comunità, free access for all users Thursday from 7 to 9.30 a.m.

Darfo

Location: Via A. Barbolini, at Casa della Comunità. The service is provided at A. Maj Nursing Home, free access for all users.

Testing days: Monday, Wednesday and Friday
from 7.30 to 9 a.m.

Pisogne

Location: Via Antica Valeriana. The service is provided both by prior reservation at S. Maria della Neve Nursing Home and upon free access for all users.

Testing days: Monday, Tuesday, Thursday and Friday from 7 to 9 a.m.

Ponte di Legno

Location: P.le Europa, at Casa della Comunità. The service is available both upon appointment by submitting a referral from your GP to the Community Centre during opening hours and free access for all users.

Testing days: Wednesday and Friday
from 7.30 to 8.30 a.m.

Capo di Ponte

Location: Via G.Marconi, 3 Tel.0364 42046.

The service is provided both by prior reservation at F.Ili Bona Nursing Home and upon free access for all users.

Testing days: from Monday to Friday from 7.30 to 9 a.m.

Cedegolo

Location: Via Nazionale, 103 at Casa della Comunità. The service is provided both by prior reservation at F.Ili Bona di Capo di Ponte Nursing Home and upon free access for all Users.

Testing days: Monday from 7.30 to 9 a.m.

Ossimo

Location: Casa della Comunità in Ossimo. The service is provided upon free access for all users.

Testing days: Wednesday from 7 to 9 a.m.

Berzo Inferiore

Location: P.zza Umberto I n. 35/A at Casa della Comunità in Berzo Inferiore. The service is provided upon free access for all users.

Testing days: Thursday from 6.45 to 8.45 a.m.

In territorial external collection centres, samples are collected only for tests for which the proper conditions of collection, storage and transport can be guaranteed.